

Swimming

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Vamos Outdoors Project visits the YMCA weekly for swimming lessons for Latinx and Multilingual youth.

Vamos and the YMCA provide all necessary equipment and transportation, as well as a post swim meal to keep the participants energized. People of color are much more at risk to die or become injured in water related activities, as 64% of Black children and 45% of Hispanic children cannot swim. Studies show that if a parent does not know how to swim, it is only 13% likely the their children will learn to swim. Building a legacy of future safe swimmers is a goal of this program, as well as fostering cultural empowerment and confidence.

This program also addresses representation and language attrition through representative role models and the use of the Spanish language in a public setting. Thanks to our volunteers and the YMCA for making this opportunity a reality.



